

APP DOWNLOAD & ACCOUNT SETUP

1. Download the Movofit App

- Scan the QR code or open the Google Play or Apple App Store.
- Search “Movofit” and tap Install.



2. Create an Account

- Tap Log In / Sign Up.
- Enter your Home Location, check-in barcode, first and last name, email address, and password.
- Tap Create Account.

4. Edit Profile Information

- Tap the circle with your initials in the top left corner.
- Select App Profile.

5. Additional Customization for Added Benefits

- Add your gender, height, and weight for more accurate calorie tracking and BioAge insights.
- Add your birthday to receive annual reward points.
- Set your Home Location to the club where your membership is based, or the club you visit most often.
 - **Note:** Your Home Location determines what center-specific content appears in the app—including classes, club calendar, deals, notifications, leaderboard, challenges, and more.

6. Change Your Profile Photo (optional)

- In your profile, tap your initials (with the green edit icon).
- Select Take a Photo or Choose from Library, and follow the prompts.

SETTINGS & PRIVACY

Privacy (found under 'Settings' in 'My Profile')

- **Profile Type: Public** > Toggle ON if you want to share your profile, activities, and achievements with other members and appear in the gym leaderboard. Toggle OFF to remain private.
- **Data Processing and Its Purpose:** Check the box to enable.

This allows your Movofit™ profile to connect fully to the club—linking training plans to your devices and ensuring your digital check-ins appear in the system so you can earn reward points.

Notifications (found under 'Settings' in 'My Profile')

- **Emails: Club News and Updates** > Toggle ON to receive updates and announcements from your club. Toggle OFF if you prefer not to receive emails.
- **Push Notifications: Class Reminders** > Toggle ON if you'd like in-app reminders for classes. Toggle OFF to disable them.

Face ID Login (found under 'Settings' in 'My Profile') — iPhone users only

- Toggle ON to enable Face ID login. After toggling, your phone will prompt you to confirm with Face ID.

Connect Apps (under 'Connected Apps' in 'My Profile')

- If you use any compatible wearables/apps listed in this section, you can connect them to automatically record and sync your workouts.

APP OVERVIEW VIDEO

Need a visual walkthrough of the app's features and tools?

- Scan the QR code to watch a short video highlighting all the key features of the Movofit App.



APP SUPPORT

App Issues or Facility/Equipment Issues (found under 'Support' in 'My Profile')
Select type of issue, describe the issue, then click the Send button.

Club support: Stop by the front desk and we'll answer your questions.

APP FEATURES



Share Your Feedback (found under 'My Profile')

- Go to My Profile and tap Feedback to send comments, shout-outs, or suggestions directly to our team.

Digital Check-in (top navigation on Home Tab)

- Tap the barcode icon (top right corner).
- Use your phone to check in and earn reward points.
 - **Note:** Location services must be enabled to receive credit and reward points for check-ins.

Notification Center (top navigation on Home Tab)

- Tap the bell icon to view club alerts, updates, and important notifications.

Rewards (Home Tab)

- Tap the Reward button to view your total points, ways to earn, redeemable items, and your rewards history.

Club Calendar (Home Tab)

- Tap the Club Calendar button to view real-time updates on classes, events, programs, demos, holiday hours, promotions, and more.

Empower M.E. (Home Tab)

- Tap Member Log In/Empower M.E. button to access your membership account and information.

Exclusive Member Deals (Home Tab)

- Tap Deals button to view exclusive offers from local partners. Deals update frequently—check back often for new deals!

Invite Friends (Home Tab)

- Tap Invite Friends button and share the link or select contacts—your friend will receive a **free guest pass invitation!**

Group Fitness Classes (Classes Tab)

- Tap Classes to view your Upcoming and Booked classes.
- Tap the Virtual Fitness button to access live or on-demand workouts.
 - **Note:** A Virtual Fitness account must be created by your club. Visit or call the front desk to have your account set up.
- Tap View All > to open the full Group Fitness class schedule for your Home Location and additional clubs.
- Sort classes by date, instructor, class type, or location.
- Tap the class name to view class descriptions, instructor details, or add classes to your calendar.
- Use the Filter Icon to browse other center schedules.
 - Under the Location drop down, select from Available Locations.
 - You may also sort by Favorite Locations, Nearby Locations, or Home Club. Mark locations you frequent as Favorites for easy one-tap access to their class schedules.

Workouts (Workouts Tab)

- Track a workout using exercises, equipment, sports, or group classes.
- Create custom workouts (1,400+ exercises available or work with a trainer to digitize your routine).
- Set training goals, view logged workouts, or request a fitness assessment or training session.

Activity Level & BioAge (Progress Tab)

- Activity Level shows how active you are based on tracked workouts and explains what each level means for your health.
- BioAge is a holistic health and fitness overview that combines your strength, movement, and body metrics into a single value you can compare to your real age.

Challenges (Compete Tab)

- Join active challenges and compete against other members and yourself for prizes and motivation!

Club Ranking & Activity Feed (Compete Tab)

- See your in-club monthly ranking and view other members' workouts.
- Applaud or cheer on fellow members in the activity feed.